



## National measures against coronavirus

The number of infections and hospital admissions is increasingly rapidly. We need to work together to significantly reduce the numbers of people coming into contact with one another. **As of 18.00 on 29 September, the following measures will come into effect:**

### Indoors and outdoors



**Groups:** no more than 4 people (indoors and outdoors).



**Indoors:** no more than 30 people in total.



**Outdoors:** no more than 40 people in total.

*A range of exceptions apply, including for funerals, retail and schools. Local exceptions can be made for cultural institutions.*



**At venues where there is a continuous flow of people,** such as museums and historic buildings, visitors must reserve a time slot.



**Contact-based roles:** customers asked to provide their contact details.

### At home



**At home:** no more than 3 guests (not including children under 13).



After returning from an area abroad for which an orange travel advisory has been issued because of coronavirus, **self-quarantine for 10 days.**

*Children under 13 can go to childcare, school and sports clubs.*

### Work



**Work from home,** unless this is not possible.

### Transport



**Limit travel** as much as possible.



**In public transport** non-medical face masks must be worn.

### Restaurants, bars and cafés



**No new customers** after 21.00.



**Closed** by 22.00 at the latest.



**Mandatory reservation** (either in advance or at the door), a health check and allocated seats. Customers asked to provide their contact details.



**Takeaway restaurants** must close at 2.00 at the latest and cannot sell alcohol after 22.00.

### Sport



**No spectators** at sporting events, both amateur and professional.



All sports clubhouses **closed.**

If you have COVID-19 symptoms, **stay at home and get tested.**

*If you have shortness of breath and/or a fever, anyone you live with must stay at home too.*



Work from home, unless that is not possible.



Stay 1.5 metres from others.



Avoid busy places.



Wash your hands often.



sneeze into your elbow.

**Safety regions are introducing additional regional measures.** You can find the latest information on the website of the municipality where you live or which you are visiting.

**alleen samen krijgen we corona onder controle**

More information:  
[government.nl/coronavirus](https://www.government.nl/coronavirus)  
or call 0800 1351